
*Friends of the International Center,
at UC San Diego*



Newsletter

Volume XXXIX No. 3

November 2011

President's Message



Thanks - giving! A wonderful American tradition that encourages us to step back and

appreciate our blessings, tangible and intangible. This year the International Center encourages us to share our traditions by hosting two international students for Thanksgiving dinner in our homes. Please e-mail **Shelly Taskin** at <iprograms@ucsd.edu> if you are interested. (More details on p. 4.)

Thanksgiving will hardly be over and it will be time to start your holiday shopping at our Resale Shop's annual Holiday Sale on Friday, December 2. In addition, the Friends will be the sponsors of the Friday International Café on that same day. So, mark your calendar. Please volunteer to help out at the Sale and/or at the Café (see International Café, p. 5). Enjoy good food and camaraderie at lunch. And shop for great bargains, while supporting scholarships and other Friends programs! And while you have your calendar handy, be sure to note our annual Holiday

Lunch on Tuesday, December 13 (reservation form to come in the December *Newsletter*).

Our ad hoc committee for Membership Development and Outreach is putting the final touches on our new membership brochure. With the help of staff Communications Director, **Angelina Berisha-Gawlowski**, we expect to have it ready by the time you receive this *Newsletter*. Please think of all your friends and acquaintances who believe in international exchange, and would be interested in joining the Friends.

Be involved! More than 5,000 international students and scholars are now on our campus, and the

International Center staff has been developing many new programs for them. In the old days, when the numbers were much smaller, the Friends designed numerous activities to engage the international population, and many continue to prosper today. Now, in addition, we can offer you new opportunities for interaction with our international visitors, as "partners" with the staff. Please watch for e-mails from me or from icfriends@ucsd.edu telling you about these activities as they come up.

Best wishes for a wonderful Thanksgiving!

Joan Adamo

FRIENDS RESALE SHOP HOLIDAY SALE

— Proceeds go for UCSD international scholarships —



Friday, December 2, 10:00 a.m. – 2:00 p.m.

*on the walkways outside of the Resale Shop
Holiday decorations, greeting cards, and unusual items
from around the world suitable for gift giving
Come see our treasures for yourself and bring a friend!*

Rain Date: Monday, December 5, 10:00 a.m. – 2:00 p.m.

International Center Dining Room

Friends of the International Center Board of Directors, 2011-2012

* Designates Elected Officer
@ Designates Member of the Executive Board

OFFICERS:

President
1st Vice President, Programs
2nd Vice President, Membership
Recording Secretary
Corresponding Secretary
Treasurer

@* Joan Adamo
@* Arline Paa
@*Renate Schmid-Schoenbein
@*Nancy Homeyer
@*Betty Shor
@*Jeri Abernathy

Nominating Committee:

(Chair gets one vote)

*Alma Coles
*Josie Foulks
*Candace Kohl
Alice Blake-Stalker
@ Eleanor tum Suden
Betty Shor

(One more to be appointed by Board)

Financial Advisor
Parliamentarian

EX OFFICIO:

IC Director (Chancellor's Designate)
Past President
Assistant Treasurer

Lynn Anderson
@ Eleanor tum Suden
Nona Crampton

STANDING COMMITTEES:

Wednesday Coffee:
Explorers
International Kitchen
Family Orientation
Cooking in America
Resale Shop
Ethnic Dinners
Scholarships
Newsletter
Communication
Computer Users Group
Historian
ArtPower! Suppers

Georgina Sham
Jennie Chin
Georgina Sham
Nancy Homeyer
Barbara Starkey
Gayle Barsamian
Liz Fong Wills
Ruth Newmark
Ruth Newmark
Carol Smith
Lou Adamo
Betty Burton
Barbara Fitzsimmons

MEMBERS AT LARGE:

Alice Blake-Stalker
Jennie Chin
Candace Kohl
Carol Smith

LIAISONS (no vote):

Int'l Students & Programs Office (ISPO)
International Scholar Office (ISO)
Programs Abroad Office (PAO)
Campus Support Group
Oceanids

Dulce Dorado
Roark Miller
Lynn Anderson (temp.)
Eleanor tum Suden
Eleanor tum Suden

UNLESS INDICATED TO THE CONTRARY, BOARD MEMBERS EACH HAVE A VOTE, WITH THE STIPULATION THAT EACH COMMITTEE SHALL HAVE ONE VOTE ONLY. SHOULD AN INDIVIDUAL HOLD MORE THAN ONE VOTING POSITION ON THE BOARD (E.G., CHAIR OF A COMMITTEE AND AN ELECTED OFFICER), HE/SHE HAS ONLY A SINGLE VOTE AT BOARD MEETINGS.

Board meetings are scheduled quarterly and are open to all members of the Friends.

Wednesday Morning Coffee

—by Georgina Sham

Nov. 2: **Needle Felting and Book Discussion.** Yoko Hosogi and Yuko Kanda will teach us the wonderful craft of needle felting. We will make little felted balls that may be used for key chains or bookmarks. Special equipment and materials will be provided for \$1/person. At 10:30, Josine Kooman will lead a discussion of Paulo Coelho's novel, *The Alchemist*.

Nov 9: **International Kitchen** will showcase a Southern German menu. Our Swabian visitor, Christoph Altrox, will guide us in preparing lentil stew and spaetzle. Please meet us in the kitchen at 9:30 a.m. to prepare the meal and/or stay after lunch to help clean up. Lunch will be served at noon. Cost is \$5 per person.

Nov 16: **Holiday Crafts.** Marie Perroud will teach us how to make patchwork Christmas ornaments. Foam balls to make them will be available for \$1 each and fabrics will be provided free of charge. This was a very popular activity last year. Or you can make more stuffed animals for the children in our Mommy and Me group.

Nov 23: **Stuffed Animals.** This is our last chance to make enough animals as holiday presents for the kids. Everyone, please help!

Nov 30: **Cookie Making.** Meet us in the kitchen at 10:00 a.m. Together we will make several different types of cookies as samples of what you can do for the Cookie Exchange the following week.

Mommy and Me will continue its weekly Wednesday morning schedule: 10:45-11:30, in the Center's Zonta Lounge.

November Calendar

Nov. 1: **ArtPower! Supper:** 6:00

Nov. 2, 16: **Family Orientation,** 9:30

Nov. 2, 9, 16, 23, 30: **Wednesday Coffee,** 10:00-Noon

Nov. 3, 10, 17: **Cooking in America,** 9:30

Nov. 4, 18: **Friday International Café,** Noon-1:15

Nov. 9: **International Kitchen Swabian Lunch,** Noon

Nov. 11: **Veterans Day Holiday**

Nov. 15: **Partners in International Education (PIE) Awards,** 2:30-4:30

Nov. 17-19: **Founders Celebration**

Nov. 24-25: **Thanksgiving Holiday**

Volunteer Opportunity



Our Friends Resale Shop is operated solely by volunteers, who are a mix of members of the Friends, UCSD students, and international visitors. Proceeds from the sale of used clothing, books, and household items fund scholarships

for international education. Customers are primarily UCSD students and staff, so it is a great place to interact with the campus community. Our Resale Shop Coordinator is looking for an assistant.

RESALE SHOP ASSISTANT COORDINATOR:

Volunteer to recruit and schedule Shop volunteers, help with substitutes when needed, and schedule for special sales and events. Will also act as back-up in absence of Shop Coordinator, so must be able to lift and carry boxes of donations. Hours are flexible, but may average as much as 10 hours a week year round.

If interested, contact **Gayle Barsamian**, Resale Shop Coordinator, at the Shop (858/534-1124) or by e-mail: gbarsamian@ucsd.edu

Joe Nichols, who may be seen at the Shop on Thursday afternoons, reports: "Fall is setting in and the Shop is back in full swing. Gayle Barsamian and her faithful crew are making sales at blazing speed. We are grateful for

our new group of volunteers—new volunteers invigorate us all.

Students and staff are feeling the economic pinch like the rest of our country, and are seeing the advantages of buying our goods. Old timers will remember the days of 'Home Ec' courses. Ingenuity isn't lacking at UCSD. We are selling clothing patterns with related material. We are indebted not only to our buyers, but also to our donors who make that special effort to donate goods for us to sell."

We announce with sadness the death, at age 48 from kidney cancer, of **Ward Alksne**, son of **Patti Alksne**, our most significant donor of clothes from her consignment store Second Act West. We send our love to Patti and the entire Alksne family, and wish Patti a successful recovery from her recent falls and subsequent operation.

International Center Profile: Arline Paa



This photo of me was taken in London near Kensington Gardens and the Princess Diana Park, close to where one of my daughters lives: we were having a cup of coffee.

While I am not a newcomer to the International Center, I am relatively new to the Friends.

I was an active member of Oceanids from 1972-77. It was at that time that my husband, **David Paa**, joined the UC San Diego Neurosciences Department. Once

we moved to North County, I was no longer as active at the University. A part-time job at the Perfect Pan was followed by working for 12 years as a part-time student nurse at the UCSD Health Center, and then working for 15 years full-time in a similar capacity at Mira Costa Community College, which took away most of my free time.

Since retiring from Mira Costa, I have been studying ceramics at a number of schools in the area and making pottery. It is a passion of mine. I guess that playing in the dirt is second nature to me as I am an avid gardener.

David and I have four children, three girls and one boy. All children are married, with the girls living in London, Boston, and Boulder and the son living in San Diego. We have eight grandchildren, so that is where we spend a lot of our time and energy.

It is **Joan Adamo** who invited me in 2009 to speak on the art of Antoni Gaudi and Niki de Saint Phalle at one of the Friends scholarship fundraisers. Upon the urging of Joan and **Alma Coles** (two of my oldest friends), I have once more become active at the University. I hope to renew some old friendships, and to help the Friends of the International Center as Vice President in charge of programming.

Gifts

Since they are spending sabbatical time abroad, their mail may have taken a bit longer than usual to arrive, but Friends Treasurer, **Jeri Abernathy**, is pleased to report that **Alma** and **Bill Coles** sent a generous donation to the **Ruth Newmark Scholarship Fund** in honor of Ruth's 80th birthday.

Friends also received a donation from **Dorothy Gish** made in celebration of her 92nd birthday. That Dorothy takes an active interest in the Friends is made clear by the note she sent **Eleanor tum Suden** upon receiving a copy of the Friends anniversary book, *Celebrating 50 Years of the International Center at UC San Diego*: "The book arrived in pristine condition. I have spent the afternoon reading and enjoying every word. Cordially, Dorothy Mitchell Gish."

International Center's Thanksgiving Program

—by *Shelly Taskin*, Programs Coordinator

This year, UC San Diego's International Center is sponsoring a new program that gives international students the opportunity to celebrate the Thanksgiving Day holiday with an American host family in the San Diego area. Families invite two international students into their home for the Thanksgiving meal and share how the holiday is celebrated in their family.

This program is a wonderful opportunity for both international students and host family members to learn more about each other's cultures. To participate in the program as a host family, please e-mail <iprograms@ucsd.edu> by November 4.

To the Multi-Ethnic Gourmet...Be a Tutor!

—by *Barbara Baehr*

If you love cuisine of other countries, tutoring is for you! All the Asians I've tutored have asked if I know and/or like the food of their countries. Then they invite me to their homes for a real, home-cooked meal, or they invite me to meet them at restaurants. A good opportunity to enjoy food I may not have tried before and to become friends.

To celebrate my 91st birthday, newlywed **Michi Nakamura**, M.D., Ph.D., and **Mayumi** invited me to their cozy, attractive home for a wonderful Japanese lunch. We became good friends through tutoring. Michi had to interrupt tutoring to make two trips to Japan, first to ask for Mayumi's hand and to then receive his Ph.D. just before the wedding.



Barbara Baehr (center) with Michi and Mayumi Nakamura

Hiroyuki Michiue, M.D., Ph.D., another Japanese medical researcher, has an adorable son who was just past 18 months old when we went to lunch at VIP Oriental Buffet. It was difficult to keep him in a chair...he wanted to run around.

Wen Yang, Ph.D., a physicist from Szechuan province in China, has been working with Prof. **Lu Sham**. We had many lunches at *Ba Ren*, so Wen could order his favorite dishes and take home our leftovers for his next dinner. *Ba Ren* is an authentic, spicy, Szechuan restaurant on Diane Avenue. It is so authentic that often I'm the only patron who is not Chinese. Where else are frog's legs on the menu?

Bei Fang Niu is Chinese, working in bioinformatics, who took me to lunch at *China Max*. Now he wants me to introduce him to other, ethnic Chinese restaurants. While he likes our Faculty Club lunch, he prefers good Chinese food, so I suggest we eat at *Ba Ren*.

Kinshi Kato, M.D., Ph.D. and **Ryo Murata**, M.D., Ph.D. are orthopedic surgeons and buddies whom I tutored in 2008. We had Japanese lunch many times at Yakimono. Fortunately, both survived the earthquake and tsunami, but following it, they treated seriously wounded patients day and night in hospitals lacking water and electricity.



Barbara Baehr and Isao Usui

Isao Usui, M.D., Ph.D., returns every few years for the big diabetes meeting at the Convention Center. Each time, we meet for lunch at *Casa Guadalajara* because it's convenient to the Old Town trolley station, and we have a lovely Mexican lunch with Mexican atmosphere and music. Since his last visit to San Diego, Isao has built a new 2-story house with a garage! Very unusual in land-scarce Japan.

SAVE THE DATE
Holiday Lunch
Tuesday
December 13, 2011
Noon
International
Center

International Café

Because of Veterans Day and a two-day Thanksgiving holiday, there will be only two International Cafés in the month of November. They are:

Friday, 11/4: Italian lunch sponsored by the **Center for Magnetic Recording Research**
Friday 11/18: Lunch featuring a Thanksgiving menu sponsored by the **Del Mar Rotary Club**. Celebrate International Education Week with us.

IF YOU LIKE MEETING STUDENTS, the Friends will be sponsoring the International Friday Café on December 2 and volunteers are needed. Lunch is served from 12:00 to 1:30 p.m., involving approximately 250-300 students. We are looking for six volunteers (three per shift), who would like to serve meal portions, dessert, and lemonade for about 45 minutes to 1 hour. Lunch and parking will be provided. Please contact **Jennie Chin** at enjien1@hotmail.com or Friends at 858/534-3730.

Undergraduate Scholarship Awards

—by Ruth Newmark

Photographs by Stuart Smith

Continuing our focus on the Friends 2011 spring scholarships, this issue features undergraduate recipients going on studies abroad. In actuality, since these awards were made in May, a number of students have already been abroad and are back on campus. In total, the Friends awarded 25 undergraduate scholarships at \$1,000 each: as usual, the largest number, 14, went on UC-sponsored Education Abroad programs (EAP); 6 on Global Seminars, and the other 5 went on different Opportunities Abroad Programs (OAP). For those unfamiliar with these programs, let me offer a brief description.

The *Education Abroad Program* offers University of California students access to strong academic programs overseas that complement UC campus curricula. Participants stay registered at UC while abroad, continue to earn credit, and make the usual progress towards their degrees. With approximately 150 top host institutions in 34 countries, EAP offers full-year and short-term programs in a wide range of academic disciplines open to sophomore through graduate students.

Global Seminars are a more recent option for undergraduates wanting to study abroad during the summer, when UC San Diego faculty teach five-weeklong courses to small groups of students (15-25 participants). All courses are taught in English, but several programs provide some basic, elementary language instruction to help students navigate the local community. The program offered courses this year in Amman, Athens, Berlin, Cadiz, Canberra, Edinburgh, Istanbul, Paris, Rome, and Shanghai.

The *Opportunities Abroad Program* links UC San Diego students with unlimited worldwide options sponsored by organizations and universities other than the University of California. Through our OAP partners, students may participate in a variety of study abroad programs, enroll directly at a foreign institution, study in locations not available through EAP, and transfer academic credit to UC San Diego to satisfy general education, major, and minor requirements.

EAP STUDENTS



☛ **Anne Barker.** Anne has back-packed through S.E. Asia, spent a year in the Caribbean, but as yet has not studied abroad. She will spend the fall at the University of Ghana in Legon, where she will continue to pursue her international and sociology studies, possibly with a focus on the slave trade.

☛ **Akemi Brown.** It is an “insatiable thirst for travel” that will take Akemi to the Netherlands. At the University College of Maastricht, she hopes to “become what Eleanor Roosevelt College deems an ‘international scholar,’ who can appreciate the complexities of different cultures and the variety of ways in which they approach the issues of the world.”

Jonathan Gomez. Jonathan is reaching beyond his molecular biology major, to go to Spain to explore Spanish culture, something that has long fascinated him but that until now he has only had a chance to study in the classroom. He is looking forward to conversing with locals instead of professors about the political turmoil they have experienced personally.

☛ **Nathan Heisey.** Nathan’s desires to study abroad are many, but most specifically he has chosen to study at the University of Edinburgh because it offers courses on such topics as energy efficient computing, computer vision, robotics, and applied machine learning that are of interest to him. Additionally, the UK will give him a chance to delve deeper into a study of the pre-Roman peoples of the British Isles.

☛ **Lennie Kang.** Lennie sets her goals high: she hopes to become an ambassador of the United States. A fall quarter at the University of Cape Town offers a perfect match for a political science and anthropology major. She is eager to follow the exceptional opportunity to personally witness the South African government evolve and unfold.

☛ **Susie Kim.** A summer and fall of studying on EAP in Ghana left Susie better informed about global issues, but more confused about her identity as a Korean-American. "I am now confident," she writes, "that I want to study abroad in Korea for personal, academic, and career-related reasons. Personal reasons include exploring my identity politics, (re)learning a language that I speak to my parents in a broken tongue, and understanding a culture that I have often denied myself from embracing as a result of my shame of being Korean and inherently an 'other'."

☛ **Amy Lam.** Amy wants to make international affairs a career. "Oddly enough, it was the politics, language, and culture of Japan and South Korea, and not my Chinese heritage, that lured me to East Asia." She hopes that a summer at Yonsei University will give her a handle on her senior thesis topic, more specifically, looking at how the younger generation of South Koreans feels about a potential unification of North and South.

☛ **Moony Lee.** As a Chinese-American studying Mandarin and Chinese history, Moony can see herself becoming either a translator or a teacher of Chinese. "Both of these jobs require knowing Chinese and English well; therefore, since I have spent the majority of my life perfecting my English, I now need to spend more time with my Chinese." For this reason, she has chosen to spend an academic year in Taiwan.

☛ **Lincoln Lo.** "As a student interested in pursuing a joint J.D. and M.P.P. degree after graduation, I am extremely interested in attaining a greater understanding of the economic and public policies of foreign countries, particularly those behind the rapid ascension of China," so wrote Lincoln. He will take upper division courses at Peking University focusing on the creation and evolution of Chinese public policy over the past century.

☛ **Brandon McCray.** As a senior majoring in International Studies, Brandon has decided to spend the fall at Fudan University in Shanghai, primarily because its program will allow him to finish the Chinese studies portion of his major and to learn Mandarin. Looking to the future, Brandon says: "Since Fudan is a well known and highly respected university, it will be valuable to me for doing business in or with China."

☛ **Chulyun Park.** Living with international students prompted Chulyun (Charlie) to explore the possibility of studying abroad. First, he volunteered at a hospital

in Nicaragua, where the experience of working with patients made him realize more fully why he intended to become a doctor and what more he could do to help people. He is assured that the courses he will take in the UK will count towards his degree in physiology and neuroscience.

☛ **Hao Tam.** Hao's passion is literature and he is grateful that by studying in the UK for a year, he will have an opportunity to connect British literature to its culture. Hao was born and raised in Vietnam until he was 14, and, as he says, this will be his first time abroad that he will see the world as an American citizen. He is looking forward to an amazing academic experience at the University of London.

☛ **Mariah Valentine-Graves.** An intense concern for social justice has led Mariah to devote much of her energy to promoting cross-cultural dialogue and preventing hate violence. At the University of Ghana, she hopes "to study and document the experiences of LGBT Ghanaians, focusing on the historical factors that have influenced the legal and social conditions in Ghana surrounding sexuality and gender. Ideally, I will also have the opportunity to participate in fieldwork regarding disease prevention and female reproductive health."

☛ **Noam Ziv-Crispel.** Noam will spend a year studying at the Hebrew University of Jerusalem. Browsing through the class catalogue, she found herself attracted to courses on trauma and resilience, negotiation, and human rights that fit well within her fields of study—psychology and political science. "Israeli politics and culture have always been part of my life and I am now ready to explore these experiences from an academic perspective. Ultimately, I believe in justice for all Middle Easterners who yearn for reconciliation and peace."

GLOBAL SEMINAR STUDENTS



☛ **Brianna Barlet.** As an aspiring medical student, Brianna took part in an International Scholar Laureate

Delegation on Medicine that in 2008 took her to South Africa and reaffirmed her belief in the importance of viewing life from different perspectives. She spent the summer of 2011 in Greece, where to her delight she was able to learn about Hellenic history and culture in the immediate vicinity of the Acropolis.

☛ **Karen Herrera.** Born in Guatemala, Karen is eager to learn about yet another culture. Prompted by having an Italian grandmother, she decided to study in Italy. She chose the Revelle Renaissance in Rome program for an important reason, namely that by concentrating on the humanities rather than the usual chemistry, biology, and physics, she would sharpen her writing skills.

☛ **Brandon Kuong.** "From the state of the art and pristine Palomar Medical Center in Escondido, California to makeshift and dusty mobile medical clinics in rural Peruvian mountain communities, I have had the incredible opportunity to witness health care and health care disparities across a variety of settings. It is these vivid experiences that have helped build my passion for the study and application of public health at the global level. It is my sincere hope that the Global Seminar program in Amman, Jordan will further develop my passion and my knowledge for this field."

☛ **Brittany Lyng.** With a strong desire to work ultimately for an organization like Doctors Without Borders, Brittany was especially eager to study abroad. She chose the Exercise Physiology program in Australia for the three reasons that reflect her passions in life: traveling, athletics, and studying the human body.

☛ **Eileen Shi.** It came as a bit of a surprise that Eileen—a pre-med major, a Regents Scholar with a 4.0 GPA and a history of volunteer service at Scripps Clinic Ambulatory Surgery Center—chose to study art in Rome. But she wrote convincingly that both medicine and art are facets of investigation that lead to a better understanding of human nature, which, in her case, might foster a stronger, more comprehending relationship between doctor and patient.

☛ **Mandy Wong.** The Global Seminar in Shanghai offered Mandy a chance to see China through an academic lens, while simultaneously providing her with a more direct connection to her Chinese heritage. For a cognitive science major, who recently added art history as a second major to her course of study, the Art and Visual Culture in China seminar dovetailed nicely with her educational goals.

OAP STUDENTS

☛ **Harrison Gill.** "I am very pleased to be pursuing a study abroad program in the Czech Republic. With a course of study in political science, sociology, Eastern European history, and the Czech language, I hope to

familiarize myself with a significant, though less familiar, region of Europe," so began Harrison's scholarship application. Harrison has traveled extensively, volunteered his time for international causes, including helping to build a school for children of the Guatemala highlands. "Since I plan to have a career in government affairs or diplomacy, it is precisely this first-hand experience of other cultures that will make me a valuable professional."

☛ **David Najera.** With a background in architecture and a major in structural engineering, David was attracted to a UC Davis sponsored program in Rome called "Engineering of Historic Constructions." Since "old Europe built for posterity," he realized that Italy was not just a wonderful place to study art and architecture, but engineering as well.

☛ **Neda Said.** Spending the fall semester in Barcelona will bring Neda closer to her goal of achieving greater global understanding and familiarity with Spanish culture. "I aim to use my double major in International Studies and Political Science to pursue a career in international development." While Neda already has considerable travel and international service experience, she is looking forward to immersing herself more fully in a different way of life.

☛ **Brenda Wu.** Brenda immediately won the Scholarship Committee's hearts by writing: "I believe one of the most valuable resources available at UCSD is studying abroad." Brenda will continue her study of psychology and global health at University College London. No doubt, London will also allow her to pursue her other passion (and academic minor): dancing.

☛ **Annie Yu.** The study of global health, medical anthropology, and biology pointed Annie to a medical program in Mongolia that would place her in a local hospital or clinic in the country's capital, Ulaanbaatar. "When I come back, I know I will be a whole new person, as someone more confident, more courageous, and more experienced, and more determined to pursue the path of a physician without borders."



Neda Said, David Najera, Harrison Gill



Carol Smith with Brenda Wu

SCHOLARSHIP LETTERS

Autism Study in Taiwan

I would like to thank the Friends of the International Center again for financial support for my summer project in Taiwan. I was working at the National Taiwan University Hospital and College of Medicine (NTU) for 10 weeks in Taipei. In particular, I worked with Dr. Susan Gau, Department Chair of Psychiatry at NTU on statistical research looking at autistic traits in siblings of children with autism. In addition to statistical research I was also able to shadow psychiatrists in the department, interact with residents, fellows, and psychologists, and learn more about child psychiatry in general. It was a very interesting and rewarding experience. I have completed all my statistical analysis, and am currently in the process of writing a manuscript for submission. I will also be presenting my research poster at the American Association of Child and Adolescent Psychiatry Joint Meeting in Toronto in October.

While working at NTU, I stayed in their school dormitory, and met many medical exchange students from all over the world, Canada, U.S., Austria, Ireland, and New Zealand. In addition, outside of work, I also had the opportunity to travel around the Taipei area and also visit my family in Kaohsiung. My favorite travel excursion was to Jiufen with my cousin Nadia



Jess Chuang with members of her lab at a celebration

and another exchange student from Ireland Lim Zhi. While in Jiufen we enjoyed the nightlights, walked along the old traditional alleys, and enjoyed delicious side-street food. My second favorite travel experience around the Taipei area was visiting Danshui at sunset. Danshui is in the northern part of Taiwan. I also enjoyed walking around the Taipei 101 area, although I did not actually go to the top. I have attached a few photos of my travels.

In addition, I had a wonderful opportunity to visit Japan this summer. I absolutely loved my time there. I visited Tokyo, Kyoto, Kumamoto, Hiroshima, and Osaka. It was my first time traveling to a foreign country in which I did not know how to speak the language. I stayed in hostels while I was there, and was very lucky to meet another lone traveler my first night in Tokyo. Coincidentally, she was also headed to Kyoto the following day and staying about the same length of time as I was, and staying at the exact same hostel as I was. We toured Kyoto together and had a wonderful time visiting temples. We also bought yukatas (summer kimonos) and took pictures in them.

Overall, this summer has been one of the most fulfilling summers of my life so far, both in terms of academic learning, personal growth, and enjoyment. I have met many wonderful friends from all over the world, and feel truly lucky to have been in Taiwan and Japan this summer. Thank you, Friends of the International Center for your support!

In addition, I sent a card to Dr. **Sam Rapaport** in June, and am planning on sending him another personal update and card soon.

Jessica Chuang

M.D. Candidate,
UCSD School of Medicine 2014

Daniel Smith has been in Japan doing research for his dissertation on political dynasties.

I got back from Japan on August 29, but have had a hectic schedule of presenting my research at a conference in Seattle, attending my sister's wedding in Santa Cruz, and applying to several jobs this week, all while living out of my suitcase and bouncing from place to place.

I will finally be moving back to San Diego next week. Please let me know if there is a day/time I could come by and thank you in person for the Friends of the International Center scholarship.

I still intend to conduct my field research in Ireland next winter, and have applied for some additional funding to support my time there. I also recently made two additional connections to faculty at Trinity College in Dublin, so I should be well received when I get there.

Thanks again and best wishes,

Dan Smith

Dear Friends of the International Center family,

I want to send a quick update on the medical mission trip in which I participated this past summer, and I want to thank you all again for helping to make this possible. It was definitely a humbling and life changing experience to have the opportunity not only to serve the amazing communities in Vietnam, but also to work alongside the dozens of inspirational physicians and volunteers that were part of this summer's Good Samaritan Medical and Dental Ministry. It was a lot of hard work, sweat (literally), and tears (there will be stories to remember for life), but the experience has confirmed for me that I will need to come back and make this type of work a regular part of my



career for years to come.

To sum up our daily routine while I was in Vietnam: our team of 9 physicians, 1 medical student (me), 4 pharmacists, 3 dentists, 4 nurses, and dozens of volunteers (many students, professional spouses, and their children) flew into Hue, Central Vietnam. Each day, the team split into two, and each drove out to rural areas surrounding Hue to serve two different clinic sites. We were usually up at 5:00 a.m. to get to our clinic sites by 8:00 a.m. Clinic ran non-stop until about 6:00 p.m., seeing about 175 - 200 patients at each site daily.

In regard to the type of patients

we saw, the majority of patients suffered from chronic issues like hypertension, diabetes, and/or arthritis that required management and education. There were also those who had never seen a doctor before and wanted to be evaluated and receive medications or vitamins. Among the hundreds of patients we saw, there also were a good handful with great medical needs, most of whom were surgical candidates whom we are able to work-up and sponsor, including about 20 kids with congenital heart defects that we were able to identify and sponsor, and who now are on their way to receiving a new chance at life.

I hope you can get a sense of the great work you were able to support and allow me to be a part of. I cannot tell you how lucky I felt to be a part of the team, and I know it was only made possible through the Friends of the International Center!

Mai Duong

UCSD School of Medicine, 2012

Lante for its garden, to Florence, the Vatican, and the Castle Saint Angelo, where I went a lot to read books about my project.

I had a wonderful time in Rome. It was the best experience of my life and totally worth all the stress. I would like to thank you, because I would not have been able to afford studying in Italy without the help of your scholarship.

Karen Herrera

Shanghai on Global Seminar

My adventures in Shanghai were truly extraordinary. Shanghai is a thrilling city that gracefully weaves the old traditions of China with novel modernity. Its vibrant energy is visible through the city's elegant sights, tasted through its foods, and experienced through its people.

Going abroad with the Global Seminars made my explorations in China easy and exciting, and provided a unique opportunity to take classes for credit in my second major, Art History. Not only was I in the company of eighteen other inspiring UCSD students, I also was with one of my favorite UCSD teachers, Professor **Kuiyi Shen**, a native of Shanghai. With Professor Shen as our guide, our class was granted exclusive entry to artist studios, art exhibit openings, museums, galleries, and much more.

CET Academic Programs, the host program, and Donghua University were welcoming and helpful. Through CET, I met students from other universities in different programs, and made new friendships.

Some of my most memorable experiences in China include a weekend trip to Nanjiao, the Jinji mountains, and the Nine Pools set up through CET. On the island of Nanjiao, we swam in the ocean and ate locally-caught seafood. In the Jinji Mountains, we hiked 2,500 plus steps to the top of the mountains to visit a Daoist temple, where we stayed for the night. The temple site provided us with excellent views of the sunset and

A Summer in Rome

"You will take a pleasant journey to a place far away." This quote is from a fortune cookie I opened a few days before my trip to Rome (finally a cookie that contains true fortune). When I first arrived at the airport in Italy I was immediately overwhelmed. It gave me great comfort to meet the International Study Abroad (ISA) members, because I knew I could count on them to help me.

The second day, I experienced the importance of language barriers. After a tour around Rome with our professor, a few of us got lost. By some miracle, we were able to find our way back after somehow trying to communicate with a few Italians for directions. We learned that we should do a better job of listening to directions when the professor gives them.

Transportation was a great adventure. At first it was hard to get around, because we weren't sure where we were going. Soon we could get to places. Taking the tram and bus became a daily routine, especially for getting to school. The school was about twenty minutes away and very nice. It had a library and a computer lab, very useful to study in, but also a great place in which to escape the heat.



Our school

Besides the amazing food, the best parts of the trip were the great excursions we went on. Some of my favorites were to a little town called Viterbo, to Villa

very early sunrise. The next day's trip took us to a national park, the Nine Pools, where we swam in essentially bottomless pools formed by a series of waterfalls. The natural settings and physical demands of the trip have been a most purifying, unforgettable experience.

In addition to touring Shanghai, I was also able to see other famous cities, including Suzhou, Hangzhou, and the famous water city, Xitang.

I am so thankful that I chose the Global Seminar to China because I got to practice my Mandarin and become more deeply rooted in Chinese culture. My time in Shanghai was a real gift of memories that could only be acquired through traveling abroad.

Mandy Wong

September 20, 2011

I have yet to get back to the U.S. because I flew right from Australia to Haiti. I will get my scholarship report to you as soon as I have a computer again. I co-organized a group to go over and work with Haitian amputees. We brought mirrors and taught mirror box therapy to help with phantom pain. It was an incredible trip! *Brittany Lyng*

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